



What Are the Effects of Parents Helping with Homework?

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Did you know that kids who have help on their homework actually have lower test scores than the ones who don't? I'm sure we have all had our parents help us with our homework at one point or another, but what are the effects of it? Parents helping children with their homework can result in children always having to rely on someone else, loss of self confidence in themselves, and the parents will have less time to do other things.

If parents continually help their children with homework, over time children will get used to relying on their parents to do homework. So when the child is left alone, they will most likely be used to someone being there and helping them, and have a very difficult time with questions. For example, when children are doing their homework with their parent, the parent will help them with every problem they have trouble with, and most of the time the child will not understand. As a result, the child will get high grades for out of class assignments, but the in class ones, they will not know what to do.

If children always have someone to help them and make sure that they do not fail, then when the child is on their own they will have less self confidence in themselves. While doing homework with their parents, if they make a mistake, the parent will usually automatically correct it. Then, during a test, they won't have a person to double check their work and will start to doubt themselves. National surveys show that children who have help on their homework have lower test scores than the ones who don't.

While helping kids with their homework, parents will spend less time on their own work. It takes out a lot of their time to do other things such as chores, or their own work. The parent may have to stay up later to do their own work, due to spending so much time doing their kids homework. That can also lead to sleep deprivation and fatigue. The average parent spends 6.2 hours a week helping their child with homework. This means that they cannot do a lot of urgent things like work or bills, because they are spending a lot of time helping their kids do homework.

As you can see, parents helping kids with their homework not only affects the child, but also the parent. Parents helping children with their homework leads to children always having to rely on someone, having less self confidence, and the parent will have less time to do their own things. Next time your parents want to help you with your homework, just say no, because now you know what harm it can cause you, and your parents.